

# 3rd Annual | Miles for Moms 5K

## REGISTRATION FORM

CONTACT INFORMATION		
Name	Address	
City	State	Zip Code
Phone	Email	

### INDIVIDUAL PARTICIPANT INFORMATION

FIRST AND LAST NAME	SEX	AGE	5K OR 1MILE	T-SHIRT SIZE
	M F		5K 1 Mile	S M L XL
	M F		5K 1 Mile	S M L XL
	M F		5K 1 Mile	S M L XL
	M F		5K 1 Mile	S M L XL
	M F		5K 1 Mile	S M L XL

EVENT	FEE	QTY	SUBTOTAL
5K Run/Walk	<b>\$20.00</b> <i>\$25.00 on race day</i>		
Children 12 & Under	<b>\$10.00</b> <i>t-shirt included</i>		
Family Rate	<b>\$50.00</b> <i>3 or more in same family, maximum of 3 t-shirts</i>		
Mile Fun Walk	<b>\$5.00</b> <i>t-shirt not included</i>		
Miles for Moms Lunch Special	<b>\$9.95</b> <i>pickup coupon at registration booth adjacent to track</i>		
<b>TOTAL</b>			

I am unable to attend but would like to donate: \$ \_\_\_\_\_

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WAIVER AND RELEASE OF LIABILITY	
<p>In consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, waive and release all rights and claims for damages I may have against the organizers, sponsors, volunteers, officials and any other individuals associated with this event and will hold them harmless from any injury suffered by me. Also, none of the above are responsible for the loss of personal items nor any other form of aggravation in connection with said event. I understand that road racing is a potentially hazardous activity.</p>	
Signature (Guardian if Under 18)	Date

Mail, fax or email your completed registration form to:  
 152 Church Street, Phoenixville, PA 19460 - 610-935-7984 - dfrey\_momshouse@verizon.net